

Guideline for KoGe Key Indicator 05a (version 22.7.21)

<p>Number of people reached by health prevention measures (Prevention) (see SDC Health ARI 2)</p>	
<p>Long-term outcome 2: Rights to economic and basic services (SDG 1.4) Short-term outcome 2.2: Quality primary health care is accessible for all, especially for the most vulnerable and marginalized. Output 2.2a: Marginalized and vulnerable groups achieving access to good quality primary health care KI 05 consists of 3 Sub-indicators: KI 05a (Prevention), KI 05b (Care Treatment), KI 05c (Care Birth)</p>	
Type	Periodic (assessment over time)
Technical definitions	<p>Health prevention measures include a wide range of activities or interventions aimed at reducing risks or threats to health and wellbeing, including health promotion activities¹. Health promotion is the process of empowering people to increase control over their health and its determinants through health literacy efforts and multisectoral action to increase healthy behaviours.² Health prevention measures can be categorized into primary, secondary, and tertiary interventions. Here, we focus on primary and secondary interventions. Tertiary interventions are relevant for KI 05b (Care Treatment).</p> <p>Primary prevention activities include actions aimed at avoiding the manifestation of a disease. <i>Examples</i> are education about healthy and safe behaviors, vaccination, etc.</p> <p>Secondary prevention aims at reducing the impact of a disease or injury that has already occurred. This is done by detecting and treating disease as soon as possible to halt or slow its progress and to prevent long-term problems. <i>Examples</i> include preventive drug therapies, screening and/or counselling, etc.</p> <p>Tertiary prevention aims at softening the impact of an ongoing illness that has lasting effects. This is done by helping people manage long-term, often-complex health problems (e.g., chronic diseases, permanent impairments) to improve their quality of life and their life expectancy. <i>Examples</i> include chronic disease management programmes, etc.</p> <p>Tertiary prevention activities are excluded here, but relevant for KI 05b (Care Treatment).</p> <p>All health prevention measures can be categorized into the four groups:</p> <ul style="list-style-type: none"> a) on NCD (diabetes, obesity, drug-abuse, mental health, etc.) (=SDC ARI 2) b) on CD (malaria, STDs such as HIV, leprosy, respiratory diseases such as TB or Covid-19, WASH-related diseases etc.) c) on MCH (contraception, teenage pregnancy, antenatal and postnatal visits, etc.) d) vaccination <p>Definitions and information on NCDs and CDs: see KI 05b Guidelines (Care treatment)</p>

¹ <https://www.iwh.on.ca/what-researchers-mean-by/primary-secondary-and-tertiary-prevention>

² <http://www.emro.who.int/about-who/public-health-functions/health-promotion-disease-prevention.html>

	<p>The definition of people reached depends on the type of health prevention measures and <i>includes</i>:</p> <ul style="list-style-type: none"> - People who attend a workshop/training/class - People who attend an awareness raising session, e.g. in a hospital or in the community - People who have been successfully vaccinated - People who have completed a screening and/or receive counselling <p>The indicator will not consider the wider community and excludes:</p> <ul style="list-style-type: none"> - People who just liked, saved, commented, replied, shared, or followed a social media campaign - People who have just received a pamphlet or flyer - People who just listen to a radio show on health prevention and/or promotion <p>Children are persons who are 0-14 years old, youths are persons 15-24 years old, and adults are persons older than 25 years.</p>
<p>Rational, good performance and interpretation of results</p>	<p><i>not defined</i></p>
<p>Baseline</p>	<p>The baseline value is always 0.</p>
<p>Data collection</p>	<p>Required data not defined</p> <p>Data collection tools not defined</p> <p>Data disaggregation <u>Required:</u></p> <ul style="list-style-type: none"> - by sex - by age (children, youth, adults) <p><u>Optional:</u></p> <ul style="list-style-type: none"> - NCD, CD, MCH and vaccination - Young children (0-5y) <p>Frequency Yearly</p>
<p>Data reporting</p>	<p>Jan/Feb: The local implementing organisation submits the data to the Swiss partner, using the latest "Indicator reporting and learning tool"</p>
<p>Worked example</p>	<p><i>not defined</i></p>